

St. Joseph County All-Star Track and Field Meet

Past Winners Boys Running Events

Boys 3200 Relay

Year	School	Performance
2026	Three Rivers	8:15.19
2025	Constantine	8:20.83
2024	Constantine	8:34.94
2023	Constantine	9:09.63
2022	Constantine	8:45.56
2021	Centreville	8:48.31
2020	Canceled due to Covid	Canceled due to Covid
2019	Centreville	8:45.58
2018	Constantine	8:57.24
2017	Constantine	8:35.31a
2016	Constantine	8:30.58a
2015	Constantine	8:39.61
2014	Sturgis	8:44.73
2013	Sturgis	8:41.59
2012	Three Rivers	8:33.80
2011	Colon	8:25.49
2010	Sturgis	8:26.02
2009	Sturgis	8:33.23
2008	Three Rivers	8:27.84
2007	Sturgis	8:08.00
2006	Sturgis	8:15.30
2005	Constantine	8:23.05
2004	Three Rivers	8:43.97

2003	Three Rivers	8:30.90
2002	Constantine	8:21.60
2001	Three Rivers	8:25.70
2000	Sturgis	8:27.10
1999	Sturgis	8:23.90
1998	Sturgis	8:31.90
1997	Sturgis	8:45.90
1996	Three Rivers	8:34.80
1995	Three Rivers	8:34.10
1994	Sturgis	8:31.10
1993	Constantine	8:46.30
1992	Constantine	8:41.80
1991	Constantine	8:43.30
1990	Sturgis	8:31.90
1989	Constantine	8:19.50
1988	Centreville	8:19.10
1987	Centreville	8:21.00
1986	Constantine	8:21.70
1985	Sturgis	8:29.30

St. Joseph County All-Star Track and Field Meet

Past Winners

Boys 110 M Hurdles

Year	Name	School	Performance
2026	Carter Rice	Three Rivers	14.63
2025	Jordan Pisco	White Pigeon	15.37
2024	Jordan Pisco	White Pigeon	15.42
2023	Jordan Pisco	White Pigeon	15.93
2022	Alexander Stoll	Colon	15.39
2021	Alexander Stoll	Colon	15.34
2020	Canceled due to Covid		
2019	Noah Franks	Sturgis	16.25
2018	Arjun Vorster	Mendon	17.63a
2017	Gavin Kopf	White Pigeon	16.50a
2016	Cole Alwine	Constantine	16.0*
2015	Isaiah Wrencher-Smith	Three Rivers	15.48a
2014	Isaiah Smith	Three Rivers	15.64a
2013	Gerald Glasgow	Sturgis	15.84a
2012	Deonta Wrathell	Centreville	15.10
2011	Jamal Hunt	Three Rivers	15.39
2010	Jamal Hunt	Three Rivers	15.22
2009	Mark Rentfrow	Constantine	15.38
2008	Mark Rentfrow	Constantine	16.05
2007	Isaac Brand	Sturgis	15.70
2006	Matt Stears	Constantine	15.30
2005	Matt Stears	Constantine	14.85
2004	Grant Wolf	Constantine	15.02

2003	Joe Ruple	Colon	15.10
2002	Kyle Shaw	Three Rivers	14.90
2001	Kyle Shaw	Three Rivers	15.40
2000	Clinton Cooper	Constantine	15.10
1999	Brad Teeple	Sturgis	15.40
1998	Marc Coburn	Three Rivers	15.00
1997	Marc Coburn	Three Rivers	14.80
1996	Pete Moe	Constantine	14.80
1995	Jason Morris	Centreville	15.00
1994	Dwayne Darwin	Sturgis	15.40
1993	Dwayne Darwin	Sturgis	15.20
1992	Jason Sorn	Constantine	15.40
1991	Jason Sorn	Constantine	15.00
1990	Andy Barnell	Sturgis	15.30
1989	Andy Barnell	Sturgis	15.30
1988	Charlie Reed	Sturgis	15.70
1987	Mike White	Three Rivers	14.90
1986	Mike White	Three Rivers	14.80
1985	Jeff Hoffman	Mendon	15.80

St. Joseph County All-Star Track and Field Meet

Past Winners

Boys 100 M Dash

Year	Name	School	Performance
2026	Blake Stewart	Three Rivers	10.99
2025	Lamonta Stone	Three Rivers	11.32
2024	Rasean O'Tey	Sturgis	11.15
2023	Rasean O'Tey	Sturgis	11.32
2022	Rasean O'Tey	Sturgis	11.44
2021	Rasean O'Tey	Sturgis	11.30
2020	Canceled due to Covid		
2019	Carlos Castro	White Pigeon	11.45
2018	Sam Cleveland	Mendon	11.35
2017	Johnathon Sholl	Sturgis	11.27
2016	Salvador Mangandi	Sturgis	11.77
2015	Colby Brundige	Three Rivers	10.96
2014	Matt Hasbrouck	Constantine	11.41
2013	Corry Brown	Three Rivers	10.85
2012	Corry Brown	Three Rivers	10.86
2011	Jesse Schwartz	Centreville	11.23
2010	Zac Vail	Three Rivers	11.13
2009	Zac Vail	Three Rivers	11.40
2008	Errol Thornton	Three Rivers	11.76
2007	Errol Thornton	Three Rivers	11.30
2006	Dale Norman	Sturgis	11.20
2005	Mike Schragg	Constantine	11.19
2004	Mark Ford	Mendon	11.01

2003	Chris Williams	Colon	11.60
2002	Chris Hall	Constantine	11.21
2001	Ken Williams	Three Rivers	11.10
2001	Clay Hope	Three Rivers	11.10
2000	Kelvin Singleton	Centeville	10.9
1999	Kelvin Singleton	Centreville	10.9
1998	Mike Fieberkorn	Sturgis	11.2
1997	Mike Peterson	Three Rivers	10.9
1996	Mike Peterson	Three Rivers	11.2
1995	Jason Bradford	White Pigeon	11.4
1994	Shannon Troyer	White Pigeon	11.3
1993	Brian Stears	Constantine	11.2
1992	Brian Stears	Constantine	11.6
1991	Mark Thurman	Three Rivers	10.8
1990	Sam Brown	Three Rivers	10.6
1989	Sam Brown	Three Rivers	10.7
1988	Sam Brown	Three Rivers	10.7
1987	Adam Fletter	Constantine	10.9
1986	Adam Fletter	Constantine	10.9
1985	Jeff Johnson	Three Rivers	11.3

St. Joseph County All-Star Track and Field Meet

Past Winners

Boys 800 Relay

Year	School	Performance
2026	Three Rivers	1:30.20
2025	Three Rivers	1:30.71
2024	Sturgis	1:32.05
2023	Constantine	1:32.08
2022	Centreville	1:31.65
2021	Centreville	1:33.52
2020	Canceled due to Covid	
2019	Sturgis	1:34.45
2018	Sturgis	1:36.39
2017	Mendon	1:35.56
2016	Sturgis	1:32.41
2015	Sturgis	1:32.42
2014	Three Rivers	1:30.94
2013	Three Rivers	1:33.58
2012	Mendon	1:34.33
2011	Constantine	1:34.34
2010	White Pigeon	1:32.71
2009	Three Rivers	1:33.15
2008	Three Rivers	1:33.85
2007	Three Rivers	1:34.2
2006	Three Rivers	1:34.2
2005	Three Rivers	1:32.67
2004	Constantine	1:33.64

2003	Three Rivers	1:32.7
2002	Three Rivers	1:31.1
2001	Three Rivers	1:31.7
2000	Three Rivers	1:31.4
1999	Centreville	1:34.0
1998	Three Rivers	1:32.0
1997	Three Rivers	1:31.8
1996	Three Rivers	1:33.0
1995	Three Rivers	1:34.2
1994	Mendon	1:35.3
1993	Constantine	1:32.3
1992	Mendon	1:32.2
1991	Constantine	1:32.5
1990	Three Rivers	1:31.3
1989	Three Rivers	1:32.1
1988	Mendon	1:34.1
1987	Three Rivers	1:32.2
1986	Three Rivers	1:32.3
1985	Three Rivers	1:31.9

St. Joseph County All-Star Track and Field Meet

Past Winners

Boys 1600 Run

Year	Name	School	Performance
2026	Will Hulin	Centreville	4:32.62
2025	Sullivan Zietlow	Three Rivers	4:31.64
2024	Sullivan Zietlow	Three Rivers	4:34.83
2023	Logan Weis	Centreville	4:34.87
2022	Ethan Glick	Constantine	4:49.87
2021	Matt Toner	Sturgis	4:49.85
2020	Canceled due to Covid		
2019	Tremaine Brown	Sturgis	4:48.55
2018	Justus Chupp	Centreville	4:46.51
2017	Alex Heckman	Mendon	4:47.95
2016	Shawn Bell	Sturgis	4:33.97
2015	Shawn Bell	Sturgis	4:42.8
2014	David Jones	Constantine	4:42.75
2013	David Jones	Constantine	4:44.63
2012	Austin Sroczynski	Sturgis	4:52.5
2011	Anthony Campbell	Colon	4:41.58
2010	Kameron Mills	Sturgis	4:45.68
2009	Thom Griffith	Sturgis	4:42.94
2008	Nathan Martin	Three Rivers	4:29.71
2007	Nathan Martin	Three Rivers	4:21.0
2006	Nathan Martin	Three Rivers	4:38.5
2005	Austin Brown	Sturgis	4:32.69
2004	Patrick Hall	Sturgis	4:42.2

2003	Alex Schmidtendorf	Three Rivers	4:38.0
2002	Shawn Jordan	Constantine	4:33.4
2001	Shawn Jordan	Sturgis	4:41.0
2000	Dusty Ludders	Sturgis	4:44.8
1999	Kyle Sable	Sturgis	4:56.5
1998	Kyle Sable	Sturgis	4:41.2
1997	Ron David	Constantine	4:40.5
1996	Ron David	Constantine	4:43.7
1995	Andy Dampier	Sturgis	4:44.7
1994	Marty Klein	Mendon	4:38.4
1993	Marty Klein	Mendon	4:41.5
1992	Mike Roberts	Sturgis	4:43.5
1991	John Cronley	Sturgis	4:45.5
1990	Joe Cronley	Sturgis	4:27.9
1989	Joe Cronley	Sturgis	4:36.5
1988	Joe Cronley	Sturgis	4:33.3
1987	Dave Stage	Sturgis	4:36.8
1986	Chris Mohr	Mendon	4:40.2
1985	John Haigh	Three Rivers	4:30.7

St. Joseph County All-Star Track and Field Meet

Past Winners

Boys 400 Relay

Year	School	Performance
2026	Three Rivers	43.20
2025	Three Rivers	43.41
2024	Sturgis	44.40
2023	Centreville	44.37
2022	Sturgis	44.24
2021	Sturgis	45.96
2020	Canceled due to Covid	
2019	Three Rivers	45.32
2018	Sturgis	45.66
2017	Sturgis	44.93
2016	Three Rivers	44.70
2015	Three Rivers	44.18
2014	Three Rivers	44.56
2013	Sturgis	45.05
2012	Three Rivers	45.40
2011	Three Rivers	43.81
2010	Three Rivers	44.84
2009	Three Rivers	44.73
2008	Three Rivers	45.75
2007	Three Rivers	45.20
2006	Colon	44.80
2005	Three Rivers	45.31
2004	Three Rivers	44.72

2003	Three Rivers	44.20
2002	Three Rivers	44.35
2001	Three Rivers	45.70
2000	Three Rivers	44.40
1999	Sturgis	45.10
1998	Three Rivers	44.40
1997	Three Rivers	44.60
1996	Three Rivers	45.30
1995	Constantine	45.70
1994	White Pigeon	45.50
1993	Constantine	44.80
1992	Constantine	45.20
1991	Three Rivers	45.40
1990	Three Rivers	44.50
1989	Three Rivers	44.60
1988	Three Rivers	44.30
1987	Three Rivers	44.60
1986	Three Rivers	44.90
1985	Three Rivers	44.00

St. Joseph County All-Star Track and Field Meet

Past Winners

Boys 400 Dash

Year	Name	School	Performance
2026	Charlie Brauer	Three Rivers	51.10
2025	Mekhi Singleton	White Pigeon	52.29
2024	Zachary Green	Sturgis	51.40
2023	Dean Topolski	Constantine	51.10
2022	Dean Topolski	Constantine	51.74
2021	Joshua Falkenstein	Centreville	52.72
2020	Canceled due to Covid		
2019	Jared Rank	Centreville	52.38
2018	Ross Hunter	Centreville	53.24
2017	Anthony Evilsizor	Constantine	51.43
2016	Michael Scheske	Sturgis	53.03
2015	Daniel Steele	Sturgis	51.30
2014	Nate Eldridge	Three Rivers	50.63
2013	Austin Shirk	Three Rivers	50.22
2012	Austin Shirk	Three Rivers	52.10
2011	Robbie Gonser	Mendon	52.70
2010	Andy Tavernier	Three Rivers	51.97
2009	Nate Hufstedler	Centreville	51.99
2008	Ryan DeNeau	Three Rivers	52.81
2007	Ryan DeNeau	Three Rivers	51.90
2006	Ryan DeNeau	Three Rivers	52.20
2005	George Black	Constantine	51.60
2004	Kyle Hill	Constantine	51.47

2003	Jon Williams	Three Rivers	51.60
2002	Kyle Hill	Constantine	52.21
2001	Zack Freed	Three Rivers	51.30
2000	Jason Karbowski	Three Rivers	51.40
1999	Kelvin Singleton	Centreville	51.40
1998	Ian Maurer	Three Rivers	53.10
1997	Nick Anders	Centreville	51.80
1996	Nick Anders	Centreville	52.80
1995	Jason Bradford	White Pigeon	50.20
1994	Jason Bradford	White Pigeon	52.40
1993	Todd VanderKley	Three Rivers	51.10
1992	Kevin Moore	Sturgis	52.20
1991	Mark Thurman	Three Rivers	51.50
1990	Sam Brown	Three Rivers	50.40
1989	Greg Bingaman	Mendon	52.90
1988	Marc Hunter	Centreville	51.70
1987	Marc Hunter	Centreville	51.80
1986	Adam Fletter	Constantine	51.00
1985	Paul Black	Three Rivers	50.80

St. Joseph County All-Star Track and Field Meet

Past Winners

Boys 300 M Hurdles

Year	Name	School	Performance
2026	Carter Rice	Three Rivers	40.50
2025	Carter Rice	Three Rivers	41.52
2024	Rushawn James	Constantine	40.88
2023	Rushawn James	Constantine	42.29
2022	Alexander Stoll	Colon	42.32
2021	Gabriel Humbert	Three Rivers	43.03
2020	Canceled due to Covid		
2019	Noah Franks	Sturgis	41.66
2018	Connor Henckel	Mendon	42.31
2017	Gavin Kopf	White Pigeon	42.12
2016	Isaiah Wrencher-Smith	Three Rivers	41.59
2015	Chase LeBarre	Centreville	42.72
2014	Isaiah Smith	Three Rivers	42.19
2013	Johnel Stewart	Three Rivers	42.35
2012	Deonta Wrathell	Centreville	40.60
2011	Jamal Hunt	Three Rivers	39.72
2010	Jamal Hunt	Three Rivers	41.15
2009	Weston Taylor	Three Rivers	41.18
2008	Isaac Brand	Sturgis	42.59
2007	Justin Tabanguil	Three Rivers	41.30
2006	Luke Leighton	Mendon	40.40
2005	Matt Stears	Constantine	41.15
2004	Grant Wolf	Constantine	41.55

2003	Joe Ruple	Colon	40.50
2002	Kyle Shaw	Three Rivers	38.60
2001	Kyle Shaw	Three Rivers	40.90
2000	Kasey Sahli	Centreville	40.20
1999	Brad Teeple	Sturgis	40.30
1998	Marc Coburn	Three Rivers	39.60
1997	Marc Coburn	Three Rivers	40.20
1996	Pete Moe	Constantine	39.20
1995	Pete Moe	Constantine	39.90
1994	Dwayne Darwin	Sturgis	40.30
1993	Dwayne Darwin	Sturgis	40.40
1992	Jason Sorn	Constantine	40.20
1991	Jason Sorn	Constantine	40.00
1990	Andy Barnell	Sturgis	40.40
1989	Brian Henderson	Constantine	40.30
1988	Brian Henderson	Constantine	40.70
1987	Mike White	Three Rivers	39.40
1986	Mike White	Three Rivers	39.30
1985	Mike White	Three Rivers	39.80

St. Joseph County All-Star Track and Field Meet

Past Winners

Boys 800 Run

Year	Name	School	Performance
2026	Will Hulin	Centreville	2:01.79
2025	Benjamin Morales	Sturgis	2:04.16
2024	Sullivan Zietlow	Three Rivers	2:02.31
2023	Caden Jackson	Constantine	2:03.80
2022	Kody Dovey	Colon	2:03.49
2021	Charlie Newburry	Mendon	2:04.2
2020	Canceled due to Covid		
2019	Tyler Swanwick	Centreville	2:08.48
2018	Hunter Bacheller	Constantine	2:08.2
2017	Jared Rank	Centreville	2:08.68
2016	Anthony Evilizsor	Constantine	1:53.89
2015	Anthony Evilizsor	Constantine	2:01.78
2014	David Jones	Constantine	2:06.25
2013	Evan Kotschevar	Centreville	2:05.63
2012	Shannon Grace	Three Rivers	2:02.10
2011	Shawn Tucker	Constantine	2:04.70
2010	Cody Hostetler	Colon	2:04.70
2009	Spencer Batten	Mendon	2:00.49
2008	Nathan Martin	Three Rivers	2:00.75
2007	Ethan Steinbarger	Mendon	1:59.00
2006	Austin Brown	Sturgis	1:59.40
2005	Jeff Nihart	Constantine	2:03.66
2004	Geoff Roberts	Three Rivers	2:05.75

2003	Princeton Wright	Three Rivers	2:04.30
2002	Shawn Jordan	Constantine	2:05.00
2001	Keith Fisher	Colon	2:04.30
2000	Mike Vanderstraaten	Colon	2:03.30
1999	Mike Appel	Sturgis	2:03.50
1998	Ryan Morris	Centreville	1:58.20
1997	Ryan Morris	Centreville	2:04.40
1996	Ryan Morris	Centreville	2:04.00
1995	Baker	Three Rivers	2:03.50
1994	Mike Roberts	Sturgis	2:03.30
1993	Mike Roberts	Sturgis	2:03.10
1992	Brad Westfall	Three Rivers	2:03.60
1991	Steve Miller	Centreville	2:02.70
1990	Brian Graber	White Pigeon	2:01.50
1989	Mike Pepito	Sturgis	2:00.80
1988	Mike Hunter	Centreville	2:01.70
1987	Mike Tulley	Constantine	2:03.00
1986	Mike Tulley	Constantine	2:02.20
1985	John Haigh	Three Rivers	2:02.60

St. Joseph County All-Star Track and Field Meet

Past Winners

Boys 200 Dash

Year	Name	School	Performance
2026	Caleb Hohn	Sturgis	22.34
2025	Blake Stewart	Three Rivers	23.34
2024	Rasean O'Tey	Sturgis	22.45
2023	Dean Topolski	Constantine	23.35
2022	Rasean O'Tey	Sturgis	23.02
2021	Dylan Coney	Centreville	23.47
2020	Canceled due to Covid		
2019	Carlos Castro	White Pigeon	23.38
2018	Sam Cleveland	Mendon	23.39
2017	Johnathon Sholl	Sturgis	22.72
2016	Johnathon Sholl	Sturgis	22.35
2015	Matt Hasbrouck	Constantine	22.88
2014	Johnathon Sholl	Sturgis	23.38
2013	Corry Brown	Three Rivers	22.26
2012	Deonta Wrathell	Centreville	22.87
2011	Jesse Schwartz	Centreville	22.60
2010	Zac Vail	Three Rivers	22.81
2009	Jesse Schwartz	Centreville	23.31
2008	Errol Thornton	Three Rivers	23.39
2007	Errol Thornton	Three Rivers	23.00
2006	Dale Norman	Sturgis	23.30
2005	Jemelle Jordan	Three Rivers	23.07
2004	Mark Ford	Mendon	22.55

2003	Greg Hall	Three Rivers	22.90
2002	Clasean Hope	Three Rivers	23.05
2001	Ken Williams	Three Rivers	23.30
2000	Jeff Gearhart	White Pigeon	22.30
1999			
1998	Kelvin Singleton	Centreville	22.60
1997	Mike Peterson	Three Rivers	22.50
1996	Mike Peterson	Three Rivers	23.40
1995	Jason Bradford	White Pigeon	23.20
1994	Shannon Troyer	White Pigeon	23.40
1993	Brian Stears	Constantine	22.90
1992	Jeremy Wooster	Sturgis	23.20
1991	Mark Thurman	Three Rivers	22.40
1990	Sam Brown	Three Rivers	22.20
1989	Sam Brown	Three Rivers	22.20
1988	Sam Brown	Three Rivers	22.60
1987	Adam Fletter	Constantine	22.70
1986	Jeff Johnson	Three Rivers	23.10
1985	Jeff Johnson	Three Rivers	22.90

St. Joseph County All-Star Track and Field Meet

Past Winners

Boys 3200 Run

Year	Name	School	Performance
2026	Will Hulin	Centreville	10:17.90
2025	Alessandro Avila	Constantine	10:20.07
2024	Alessandro Avila	Constantine	10:22.69
2023	Logan Weis	Centreville	10:08.18
2022	Ethan Glick	Constantine	10:47.36
2021	Tremaine Brown	Sturgis	10:20.37
2020	Canceled due to Covid		
2019	Tremaine Brown	Sturgis	11:05.43
2018	Quinten Prieur	Constantine	10:45.16
2017	Quinten Prieur	Constantine	10:24.87
2016	Tim Kinney	Constantine	10:47.53
2015	Shawn Bell	Sturgis	10:32.18
2014	Shawn Bell	Sturgis	10:48.03
2013	Shawn Bell	Sturgis	10:37.25
2012	Austin Sroczynski	Sturgis	10:35.90
2011	Steven Griffith	Sturgis	10:50.77
2010	Kameron Mills	Sturgis	10:24.02
2009	Kameron Mills	Sturgis	10:21.15
2008	Kameron Mills	Sturgis	10:11.77
2007	Will Dresser	Sturgis	10:07.00
2006	Stormed Out		
2005	Austin Brown	Sturgis	10:20.70
2004	Mike Bruce	Colon	10:38.46

2003	Tom Ray	Constantine	10:49.30
2002	Shawn Jordan	Constantine	10:18.10
2001	Shawn Jordan	Sturgis	10:22.30
2000	Dusty Ludders	Sturgis	10:33.80
1999	Kyle Sable	Sturgis	10:59.20
1998	Rick Miller	Centreville	10:25.90
1997	Ron David	Constantine	10:26.10
1996	Ron David	Constantine	10:23.40
1995	Andy Dampier	Sturgis	10:18.20
1994	Marty Klein	Mendon	10:15.70
1993	Marty Klein	Mendon	10:15.70
1992	Edward Miller	Centreville	10:23.70
1991	Tony Miller	Centreville	10:32.50
1990	Joe Cronley	Sturgis	9:51.0
1989	Joe Cronley	Storm	Storm Shortened
1988	Greg Westfall	Three Rivers	10:03.10
1987	Dave Stage	Sturgis	10:06.00
1986	Tom Cosner	Sturgis	10:15.30
1985	Seth Brown	Three Rivers	10:13.20

St. Joseph County All-Star Track and Field Meet

Past Winners

Boys 1600 Relay

Year	School	Performance
2026	Three Rivers	3:26.94
2025	Three Rivers	3:28.44
2024	White Pigeon	3:29.21
2023	Constantine	3:27.42
2022	Constantine	3:27.70
2021	Centreville	3:35.50
2020	Canceled due to Covid	
2019	Three Rivers	3:35.98
2018	Constantine	3:38.99
2017	Three Rivers	3:35.57
2016	Sturgis	3:28.51
2015	Constantine	3:35.67
2014	Three Rivers	3:37.23
2013	Three Rivers	3:32.97
2012	Three Rivers	3:36.50
2011	Colon	3:32.53
2010	Three Rivers	3:31.92
2009	Three Rivers	3:32.71
2008	Three Rivers	3:34.95
2007	Mendon	3:31.00
2006	Stormed Out	
2005	Constantine	3:36.10
2004	Three Rivers	3:31.45

2003	Three Rivers	3:27.90
2002	Constantine	3:35.10
2001	Three Rivers	3:32.10
2000	Three Rivers	3:30.40
1999	Constantine	3:34.00
1998	Centreville	3:30.50
1997	Centreville	3:31.00
1996	Centreville	3:33.80
1995	Three Rivers	3:35.60
1994	White Pigeon	3:33.40
1993	Constantine	3:34.30
1992	Mendon	3:31.00
1991	Constantine	3:30.60
1990	Constantine	3:30.40
1989	Stormed Out	
1988	Centreville	3:29.20
1987	Constantine	3:28.20
1986	Constantine	3:28.20
1985	Constantine	3:30.70